

# COLPBOL

## The inclusive sport



Co-funded by the  
Erasmus+ Programme  
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# WOULD YOU LIKE TO LEARN SOMETHING NEW?

## IF YOU LIKE SPORTS AND MAKING NEW FRIENDS, YOU CAN PARTICIPATE IN

# TPM IN CRAIOVA



# AGENDASPADS

SPORT ACTIVITIES FOR PEOPLE WITH DOWN'S SYNDROME

### Friday, October 28th, 2022

18:50 Get together at the reception of the Hotel Prestige Boutique Craiova

19:00 Dinner at the Restaurant Prestige Craiova, Sala MAJESTIQUE, together with athletes with Down syndrome and their companions.

### Saturday, October 29th, 2022

Venue of the meeting: Hotel Prestige Boutique Craiova, conference room "Iulian C. Vrabiescu"

#### 09:00-10:30

- Introduction to the sports of ColpBol
- Introduction on what techniques (motor execution) and tactics (movement intention) mean
- Introduction of ColpBol basic rules
- Individual tactics
- Keys to the work of the teacher-coach in teaching ColpBol

#### 10.30 – 11.00

- Report of the project coordinator on the activities
- Final Conference (AIPD)

11:15 - Leaving from the hotel (with private cars)

11:30 - 14:00 - Participating in the Sport Event "COLPBOL – IMPACT IN INCLUSIVE SPORTS"

- Venue of the Sport Event: Sala Sporturilor "Ion Constantinescu" Craiova, str. Brestei no. 2, Craiova.

13:00 - Lunch – take away offered at the gym

14:00 – 16:00 - City Guided Tour Craiova

19:00 - Dinner at the Restaurant Casa Ghincea Craiova ([www.casa-ghincea.ro](http://www.casa-ghincea.ro))